

Vistara non-invasive prenatal screen



Vistara identifies risk for conditions that may have otherwise gone undetected until after birth or into childhood

All conditions are inherited in an autosomal or X-linked dominant fashion, which means that if the mutation is present, the child will be affected by the condition and experience related symptoms.

Condition ¹ Gene(s)	Clinical synopsis ^{2,3}	Cases caused by de novo mutations ^{2,3}	Ultrasound findings ^{2,3}			Clinical actionability	Detection rate for gene ¹
			None	Late gestation	Non-specific		
Achondroplasia <i>FGFR3</i>	The most common form of skeletal dysplasia; may cause hydrocephalus, delayed motor milestones, and spinal stenosis	80%		●	●	Labor and delivery management, monitor for spinal stenosis, early sleep studies to reduce risk of SIDS	>96%
Alagille syndrome <i>JAG1</i>	Affects multiple organ systems and may cause growth problems, congenital heart defects, and vertebral differences	50% to 70%	○		○	Symptom-based treatment	>79%
Antley Bixler syndrome <i>FGFR2</i>	A type of craniosynostosis; also causes premature fusion of the arm bones, blockage of the nasal passage, and permanently flexed or extended joints	more severe forms		●		Fetal MRI, avoid instrumented delivery, corrective surgery, monitor for hydrocephalus	>96%
Apert syndrome <i>FGFR2</i>	A type of craniosynostosis; also causes abnormal formation of the fingers, toes, and vertebrae, and other organ anomalies	more severe forms		●		Fetal MRI, avoid instrumented delivery, corrective surgery, monitor for hydrocephalus	>96%
Cardiofaciocutaneous syndrome 1,3,4 <i>BRAF, MAP2K1, MAP2K2</i>	Causes abnormalities of the heart, face, skin, and hair; may cause developmental delays and intellectual disability	majority		●	●	Fetal echocardiogram	>96%
CATSHL syndrome <i>FGFR3</i>	Acronym stands for camptodactyly, tall stature, scoliosis, and hearing loss; may increase risk for intellectual disability	unknown	●			Early adoption of sign language and behavioral intervention	>96%
CHARGE syndrome <i>CHD7</i>	Acronym stands for coloboma, heart defects, atresia of the choanae, retardation of growth and development, genital abnormality, ear abnormalities; may cause hearing loss, developmental delays, and cleft lip and/or palate	majority	○	○	○	Early referral to endocrinology, adoption of sign language, and behavioral intervention	>91%
Cornelia de Lange syndrome 1,2,3,4,5 <i>NIPBL, SMC1A, SMC3, RAD21, HDAC8</i>	Causes a range of physical, cognitive, and medical challenges	99%	○		○	Monitor for cardiac, GI, and limb comorbidities	>43% to >96%
Costello syndrome <i>HRAS</i>	Causes heart defects, intellectual disability, developmental delays, growth delays, and increased risk of malignant tumors	majority	○		○	Nasogastric or gastrostomy feeding, behavioral and medical intervention	>92%
Crouzon syndrome <i>FGFR2, FGFR3</i>	A type of craniosynostosis; also causes hearing loss and dental problems in some cases	more severe forms		●		Fetal MRI, avoid instrumented delivery, corrective surgery, monitor for hydrocephalus, early adoption of sign language	>96%
Ehlers-Danlos syndrome, classic, type VIIA, cardiac valvular form, type VIIB <i>COL1A1, COL1A2</i>	Causes defects in connective tissue that can vary from mildly loose joints to life-threatening complications, such as aortic dissection	50%	●			Orthotic treatment, monitoring for vascular complications	>92%
Epileptic encephalopathy, early infantile, 2 <i>CDKL5</i>	Causes seizures with secondary developmental delay	majority	●			Monitor and treat seizures	>84%

○ = some types or cases

Condition ¹ Gene(s)	Clinical synopsis ^{2,3}	Cases caused by de novo mutations ^{2,3}	Ultrasound findings ^{2,3}			Clinical actionability	Detection rate for gene ¹
			None	Late gestation	Non-specific		
Hypochondroplasia <i>FGFR3</i>	Causes a mild form of dwarfism; may cause seizures with secondary developmental delay	up to 80%	●			Monitor and treat seizures	>96%
Intellectual disability <i>SYNGAP1</i>	Causes intellectual disability and developmental delays	~100%	●			Early behavioral interventions	>89%
Jackson Weiss syndrome <i>FGFR2</i>	A type of craniosynostosis; also causes foot abnormalities	more severe forms		●		Fetal MRI, avoid instrumented delivery, corrective surgery, monitor for hydrocephalus	>96%
Juvenile myelomonocytic leukemia (JMML) <i>PTPN11</i>	A rare pediatric blood cancer; five-year survival is approximately 50%	unknown	●			Monitor bloodwork and medical intervention	>96%
LEOPARD syndrome 1,2 (Noonan syndrome with multiple lentiginos) <i>PTPN11, RAF1</i>	Similar to Noonan syndrome, with notable brown skin spots (lentiginos); causes short stature, heart defects, bleeding problems, and, in some cases, mild intellectual disabilities	unknown	◐		◐	Fetal echocardiogram	>96%
Muenke syndrome <i>FGFR3</i>	A type of craniosynostosis; may cause hearing loss, developmental delays, and cleft lip and/or palate	unknown		●		Fetal MRI, corrective surgery, early adoption of sign language, and behavioral intervention	>96%
Noonan syndrome 1,3,4,5,6,8 <i>PTPN11, SOS1, RAF1, RIT1, KRAS, NRAS, SOS2, SHOC2, BRAF, MAP2K1, HRAS, CBL</i>	Causes short stature, heart defects, bleeding problems, and, in some cases, mild intellectual disabilities	25% to 70%	◐	◐	◐	Fetal echocardiogram, labor and delivery management, early assessment for learning differences	>86% to >96%
Osteogenesis imperfecta, type I,II,III,IV <i>COL1A1, COL1A2</i>	Causes extremely fragile bones that break easily, often without an identifiable cause	more severe forms	◐	◐		Labor and delivery management, neonatal care, early recognition and treatment of fractures	>92%
Pfeiffer syndrome type 1,2,3 <i>FGFR2</i>	A type of craniosynostosis; also causes hearing loss, intellectual disability, hand abnormalities, and may result in early death	more severe forms		●		Fetal MRI, avoid instrumented delivery, corrective surgery, monitor for hydrocephalus, early adoption of sign language, and behavioral intervention	>96%
Rett syndrome <i>MECP2</i>	Causes a rapid regression in language and motor skills at 6 to 18 months of age; autism, seizures, and long QT syndrome are often present	>99%	●			Evaluate for cardiac risk, monitor and treat seizures, early medical and behavioral interventions	>78%
Sotos syndrome 1 <i>NSD1</i>	Overgrowth syndrome; also causes developmental delays, intellectual disability, and behavioral problems	>95%	◐	◐		Fetal echocardiogram, fetal renal ultrasound, and early behavioral intervention	>87%
Thanatophoric dysplasia, types I,II <i>FGFR3</i>	A severe skeletal disorder that typically results in stillbirth or neonatal death due to respiratory failure	majority			●	Labor and delivery management	>96%
Tuberous sclerosis 1,2 <i>TSC1, TSC2</i>	Causes benign tumor growth in many organ systems in the body that can be life-threatening; may also cause seizures and secondary developmental delays	66%	◐	◐		Fetal echocardiogram, postnatal MRI, medical and behavioral interventions	>82% to >96%

◐ = some types or cases

References

1. Validation data, Baylor, 2016.
2. GeneReviews. <https://www.ncbi.nlm.nih.gov/books/NBK1116/>
3. Genetics Home Reference. <https://ghr.nlm.nih.gov/>

The tests described have been developed and their performance characteristics determined by the CLIA-certified laboratory performing the tests. These tests have not been cleared or approved by the U.S. Food and Drug Administration (FDA). Although FDA does not currently clear or approve laboratory-developed tests in the U.S., certification of the laboratory is required under CLIA to ensure the quality and validity of the tests.
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